

Fearless Family

Building Stronger Families One Fun Memory at a Time



Join us Mondays Oct 1-Nov 12 (no mtg Nov 5) for our FREE weekly Fearless Family Group

5:30-8:00pm

550 Buck Mountain Rd Earlysville, Va 22936

Dinner, activities and small groups for all ages of all active duty and formerly active military personnel and their family members.

Small groups include:

- **How to build cohesion in your relationships**
- **Leadership workshop**
- **PTSD Care group for spouses**
- **Zorn Vongal Battle Game for Teens**
- **Yoga classes for Adults & Teens**

RSVP:

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